

Participating Service Agencies

- Barrett Counseling
809 S. 9th St., Douglas, 358-3056
- CANDO
130 S. 3rd St., Douglas, 358-2000
- Community Service Block Grant
213 W. Birch St., Glenrock 237-6329
- Converse County Coalition Against Violence
126 N. 5th St., Douglas, 358-4800
213 W. Birch St., Glenrock, 436-8732
- Counseling Services
316 Cedar St., Douglas, 358-5556
- Douglas Senior Citizen Center
340 1st Street West, Douglas, 358-4348
- Douglas Workforce Center
311 Russell St., Douglas, 358-2147
- Eastern Wyoming College – Douglas Branch
203 N. 6th St., Douglas, 358-5622
- Glenrock Senior Citizen Center
615 W. Deer St., Glenrock, 436-9442
- Solutions For Life
1841 Madora Ave., Douglas, 358-2846
525 E. Birch St., Glenrock, 436-8335
- Trails Helping Hands Neighborhood Network
213 W. Birch St., Glenrock, 436-8732
- Tumbleweed Transportation, LLC, 351-2885
- Wyoming Department of Family Services
219 N. Russell, Douglas, 358-3138
925 West Birch Street, Glenrock 436-9068
- WyTAPS (Wyoming Teens as Parent Support)
126 N. 3rd St., Douglas, 351-2906



Contact:

Douglas

CANDO 358-2000

Solutions For Life, Cathy Spence 358-2846

Glenrock

Kim Cronin 267-6329—Glenrock
Monday, Wednesday and Friday

Teen Parent

WYTAPS, Annette Holden 351-2906

Self-Sufficiency

The Family Services Self-Sufficiency Grant was created to assist low income families with multiple challenges by providing/facilitating a skills program where **single parent** families learn new business skills, receive specialized job training when applicable, and participate in a training path.

Eligibility

Must be a single parent and earn income at or less than listed below:

<u>Family Size</u>	<u>Monthly Income</u>
1	\$1,670.00
2	\$2,247.00
3	\$2,823.00
4	\$3,400.00
5	\$3,976.00
6	\$4,553.00
7	\$5,130.00
8	\$5,706.00

Participant must be willing to complete all required training. (See back)

Sessions

20 applicants per session

First session begins Dec. 1, 2009
Applications due Nov. 20, 2009

Second session begins Mar. 1, 2010
Applications due Feb. 19, 2010

Third session begins Jun. 1, 2010
Applications due May 21, 2010.

Applications and additional information can be found online at www.candowyoming.com/Family_Self-Sufficiency.

Grant Funding

Grant funding provided by Department of Family Services, Cheyenne, Wyoming.

Department of Family Services Self-Sufficiency Training Grant—Training Paths

GED

GED

Mandatory Classes:

Provided by various agencies.

Personal Finance Management
Parenting Class
Cent\$ible Nutrition
Pre-Employment

Optional Classes/Assistance:

Provided by various agencies.

Counseling Services
Beginning and Intermediate Excel
Beginning and Intermediate Word
Strength From Within
(Self Esteem)
Assertiveness
Office Machines

Child Care

Child Care Services through enrollment with Department of Family Services, 219 North Russell Street, Douglas 358-3138 or 925 West Birch Street, Glenrock 436-9068.

College

Enrollment up to 3 Credit-Hours -Books Included

Mandatory Classes:

Provided by various agencies.

Personal Finance Management
Parenting Class
Cent\$ible Nutrition
Pre-Employment

Optional Classes/Assistance:

Provided by various agencies.

Counseling Services
Beginning and Intermediate Excel
Beginning and Intermediate Word
Strength From Within
(Self Esteem)
Assertiveness
Office Machines

Transportation

Douglas

Douglas Senior Citizen Center 358-4348.
Tumbleweed Transportation 351-2885

Glenrock

Glenrock Senior Citizen Center 436-9442

Workforce

Classes selected on an individual basis and include:

**Beginning & Intermediate Excel
Beginning & Intermediate Word
Assertiveness
Self-Esteem
Office Machines**

Mandatory Classes:

Provided by various agencies.

Personal Finance Management
Parenting Class
Cent\$ible Nutrition

Optional Classes/Assistance:

Provided by various agencies.

Counseling Services

WyTAPS

WyTAPS primary focus is to assist teen parents by helping them complete their high school career through the following:

1. Douglas High School
2. Glenrock High School
3. Online High School Course
4. GED

Mandatory Classes:

High School Degree
Personal Finance Management
Parenting Class
Cent\$ible Nutrition
First Aide, Infant/Child/Adult CPR
Best Beginnings
On-the-Job Training

Optional Classes/Assistance:

Tutoring
Counseling Services
Beginning and Intermediate Excel
Beginning and Intermediate Word
Strength From Within
(Self Esteem)
Assertiveness
Office Machines